



1st Annual Mental Health and Wellness Awareness Run/Walk

Saturday May 21, 2016 – Distances: 3 Miles or 1 Mile

Start Time 9:00 am

ENTRY FEE: Age 14 and Under - \$10 Age 15 & Over - \$20 (\$25 after May 10, 2016)

Entry Fee Includes -Short Sleeve T-Shirt and Refreshments

T-SHIRT NOT GUARANTEED AFTER MAY 10th, 2016!!!

PRE-REGISTRATION AND PACKET PICK-UP: Friday May 20st from 4p to 6p at

Three Bears 45 Three Bears Drive Butte, MT

Or Mail/Drop off Application to:

Courtney Berge, 81 W. Park St. Butte, MT 59701

Attn: Courtney Berge, (406) 559-6521

APPLICATIONS or RACE INFORMATION:

buttespissandmoanrunners.com

RACE DAY REGISTRATION: 8:00AM to 9:00AM – Three Bears

***No Race Day changes * Entry Fee is non-refundable**

+++++++ WALKERS WELCOME +++++++

Remember! Participants and/or Guardians Must Sign the Entry Form Below!

Name _____ E-mail _____

Address _____ Phone _____

City _____ State _____ Zip _____

Male Female 3 Mile Run 1 Mile Run/Walk 3 Mile Walk

AGE

ADULT T-SHIRT SIZE

S M L XL

<input type="checkbox"/> 14 & Under	<input type="checkbox"/> 40-49
<input type="checkbox"/> 15-19	<input type="checkbox"/> 50-59
<input type="checkbox"/> 20-29	<input type="checkbox"/> 60-69
<input type="checkbox"/> 30-39	<input type="checkbox"/> 70-79
	<input type="checkbox"/> 80 & Over

WAIVER OF RESPONSIBILITY: In consideration of my being permitted to participate in the Walk for Wellness, Run for Recovery, I, the undersigned participant, for myself, my heir, executors and administrators forever release and hold harmless the Western Montana Mental Health and Three Bears Alaska, its agents, employees, successors and assigns, any of its distributors, or any person officially connected with this event from any and all claims, actions, losses, damages or expenses including attorney fees for bodily injury or personal property, incurred by me arising out of or in conjunction with the above mentioned race. I am of legal age and capacity and have read and understood the contents of this release. I warrant that I am in good health, and that I have no physical condition which would prevent me from participating in this event. I also agree to the use of my photo for publicity purposes in promoting the race. I understand that running is an action sport that carries significant risk of injury or death. Natural and manmade obstacles exist and conditions may vary constantly with weather changes.

Signature of Participant _____ Date _____
(Parent or guardian if under 18 years of age)